

# Carer's

# Coffee Morning

Held at Yardley Green Medical Centre

On Thursday 17th August at 10am-12pm

***We Welcome all Patients, Families and Friends***

- Do you look after somebody or do you have someone looking after you?
- Are you a young carer?
- Do you have a long term illness that causes you anxiety or stress?
- Do you have minor mental health problems?
- Would you like to find out what help and support is available to you?

If you have answered **YES** to any of these questions then this event could be for you

**Please call or email to confirm your place**

Also Attending are:



Yardley Green Medical Centre,  
77 Yardley Green Medical Centre, Bordesley Green,  
B9 5PU; Tel: 0121 773 3737  
Email: [yardleygreen.appointments@nhs.net](mailto:yardleygreen.appointments@nhs.net)

